



# CVESD Canned Food Drive

## in collaboration with the Chula Vista Welfare Council

The Chula Vista Elementary School District is sponsoring a district-wide food drive in collaboration with the Chula Vista Welfare Council from November 7-16. Schools that wish to participate can use any size cardboard box to collect food either at the front office and/or in classrooms.

The food collected will be boxed and provided to families in Chula Vista. All food donations will be picked up on Nov. 16-17 (Wednesday for schools west of the 805 and Thursday for schools east of the 805). Please make sure all food is placed on a cart for pick up in a central location (i.e., the MPR room or front office). It's not mandatory for schools to participate in the food drive.

### Suggestions for donations:

**Proteins:** Peanut butter, meat (chicken, tuna, spam, chili w/meat), and bagged dried beans.

**Healthy carbs:** Mixed vegetables, carrots, sweet potatoes, soup, canned tomatoes, and green beans.

**Fruits:** Any canned fruit.

**Milk:** Canned or powdered.

**Sauces:** Tomato, pasta, gravy, and broth.

**Pasta/carbs:** Bagged rice, pasta, mac and cheese, stuffing, rice mix, mashed potatoes, canned pasta, and peas.

**Questions? Reach out to [commsoffice@cvesd.org](mailto:commsoffice@cvesd.org).**



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